

Local Produce Guide April | May | June

| <i>Greens</i> | April | May | June | Farm |
|------------------|-------|-----|------|-------------------|
| Assorted Greens | ● | ● | ● | Little River Farm |
| Chard Varieties | | ● | ● | Wild Rose Farm |
| Collard Greens | | ● | ● | Wild Rose Farm |
| Dandelion Greens | | ● | ● | Wild Rose Farm |
| Kale Varieties | | ● | ● | Wild Rose Farm |
| Radichio | | | ● | Flora Organica |
| Spinach | ● | ● | ● | Wild Rose Farm |



| <i>Squash</i> | April | May | June | Farm |
|---------------------|-------|-----|------|--------------------|
| Asst. Summer Squash | | | ● | Willow Creek Farms |
| Green Zucchini | | | ● | Pierce Family Farm |
| Gold Zucchini | | | ● | Willow Creek Farms |
| Sunburst Squash | | | ● | Willow Creek Farms |

| <i>Herbs</i> | April | May | June | Farm |
|-----------------|-------|-----|------|--------------------|
| Cilantro | ● | ● | ● | Wild Rose Farm |
| Dill | | | ● | Rain Frog Farm |
| Italian Parsley | | | ● | Pierce Family Farm |

| <i>Mushrooms</i> | April | May | June | Farm |
|------------------|-------|-----|------|--------------------|
| Lions Mane | ● | ● | ● | Mycality Mushrooms |
| Oyster | ● | ● | ● | Mycality Mushrooms |
| Shiitake | ● | ● | ● | Mycality Mushrooms |

| <i>Root Veggies</i> | April | May | June | Farm |
|---------------------|-------|-----|------|--------------------------------------|
| Beet Varieties | | | ● | Wild Rose Farm Willow Creek Farms |
| Fennel | | ● | ● | Flora Organica |
| Kohlrabi Varieties | | | ● | Rain Frog Farm |

| <i>Lettuce</i> | April | May | June | Farm |
|------------------|-------|-----|------|-----------------------|
| Butter Varieties | | | ● | Organic Matters Ranch |
| Green Leaf | | | ● | Organic Matters Ranch |
| Green Oakleaf | | | ● | Organic Matters Ranch |
| Red Oakleaf | | | ● | Organic Matters Ranch |
| Red French Crisp | | | ● | Organic Matters Ranch |
| Romaine | | | ● | Organic Matters Ranch |

| <i>... and more!</i> | April | May | June | Farm |
|----------------------|-------|-----|------|-----------------------|
| Artichokes | ● | ● | ● | Earthly Edibles |
| Asparagus | ● | ● | ● | Henry Rose |
| Broccoli | | | ● | Earthly Edibles |
| French Filet Beans | | | ● | Willow Creek Farms |
| Green Beans | | | ● | Willow Creek Farms |
| Peashoots | | ● | ● | Feral Family Farm |
| Romanesco | | | ● | Organic Matters Ranch |
| Sunflower Shoots | | ● | ● | Feral Family Farm |
| Wheatgrass | ● | ● | ● | Feral Family Farm |

Weather may affect produce availability

Where's your farmer?

| | | | |
|---------------------------------------|---|---|--|
| Rain Frog Farm <i>in Blue Lake</i> | Organic Matters Ranch <i>in Freshwater</i> | Pierce Family Farm <i>in Orleans</i> | Earthly Edibles <i>in Korbel</i> |
| Wild Rose Farm <i>in Blue Lake</i> | Mycality Mushrooms <i>in Fairhaven</i> | Flora Organica <i>in McKinleyville</i> | Feral Family Farm <i>in Arcata</i> |
| Henry Rose <i>in Orleans</i> | Willow Creek Farms <i>in Willow Creek</i> | Little River Farm <i>in Bayside</i> | Trying something new? Ask for a sample! |